

The Hong Kong Chartered Governance Institute
Wellness series: Yoga workshop

Date:	Saturday 22 April 2023
Time:	Hatha yoga: 2:00pm – 3:00pm Yin yoga: 3.30pm – 4.30pm
Venue:	Unit 13, 4/F, Wah Shing Industrial Centre, 11 Shing Yip Street, Kwun Tong (MTR B2 Exit) 觀塘成業街 11-13 號華成工商中心 4 樓 13 室 (地鐵站 B2 出口)

